

Prof. Ayla SAN, M.D., President of Anatolia Kidney Foundation and Ufuk University, Department of Nephrology Assoc. Prof. Ihsan ERGUN, M.D., Ufuk University, Department of Nephrology Spec. Bahar GÜRLEK DEMİRCİ, M.D. Ufuk University, Department of Nephrology Assistant The statistical analysis was prepared by Aslıhan YILMAZ, M.D.

Protect your kidneys, Save your heart

Our Social Activities









The World Kidney Day was talked about in the program "This is Life" on Channel A at 4.40 p.m. on 10th March 2011. Prof Ayla San, M.D. was interviewed and asked questions.

Ufuk University Medical School Students worked at stands, checking people's blood pressure and blood level at CEPA and KENTPARK Malls from 10.00 a.m. to 10 p.m. The students were very ambitious. Thus, they were successful in carrying out the activities. Our people showed intense interest to these stands.

200 people attended our activities at CEPA

WORLD KIDNEY DAY

and KENTPARK Malls.

- **√**73 Female (36,5 %) and 127 Male (63,5 %) ✓ Average Age: 38,5 ±13,7
- **Average Blood Sugar Level:** 119 ±35 mg/dl. The number of patients Blood sugar> 200 mg / dL: 8/200= 4%
- **Average Systolic blood pressure:** 125 ±16 mm Hg (76-188)
- The number of patients with systolic blood pressure> 140 mm Hg: 27/200= 13,5 % **Average Diastolic blood pressure: 80 ±13** mmHg



DÜNYA BÖBREK GÜNÜ















We have been working on "Protect your kidneys, save your heart" slogan. The studies we have done with Ufuk University Medical School for five years, will b continued this year. We have been organiz. Organized by Ayla San | Type: world, kidney, day, 201 You are attending.



Gallery

Our World Kidney Day Activities also are showed on http://www.worldkidneyday.org website.

12.30 am - 1.30 pm "25th Universiade Winter Games Photograph Exhibition (In coorperation with Photographic Arts Federation of Turkey) and Cocktail. Sami TÜRKAY Fikret ÖZKAPLAN Ayla SAN









From 11.00 a.m. to 12.30 p.m. the '25th Universiade Winter Games Photograph Exhibition' was displayed in cooperation with the Photographic Arts Federation of Turkey. Many people gave positive and motivating comments on the photographs displayed.



We held coctail together with the exhibition . An org artist played so beautiful music at that time