

EIGHTH WORLD KIDNEY DAY 2013



Turkey
Ayla San

STOP KIDNEY INJURY

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Every year we prepare surveys for World Kidney Day carried out by Prof. Ayla San, MD. Each survey has different contents which are parallel to the main subject of World Kidney Day. 'Stop Acute Kidney Injury' is the main subject of World Kidney Day 2013. Therefore, there are some questions prepared about Acute Kidney Injury .

The Purpose of the Survey

To determine the level of knowledge and awareness of the participants about Acute Kidney Injury.

Participants of the Survey

336 participants were randomly chosen among the people who were in CEPA and KENTPARK Malls. Their ages and educational levels are different from each other.



SURVEY

Age: Minimum: 13, Maximum: 80 (35,33 ± 15,14)

Gender:

Female: 159 (47,3 %)

Male: 177 (52,7%)

Educational Level:

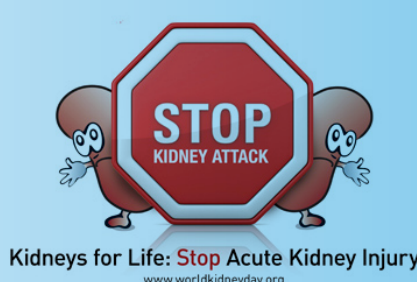
Illiterate: 2 (0,6%)

Primary School: 28 (8,5%)

High School: 96 (29,1%)

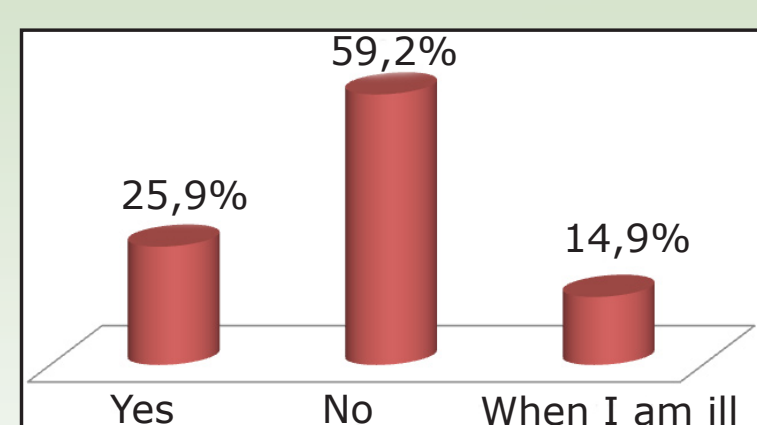
University: 163 (49,4%)

PhD: 41 (12,4%)



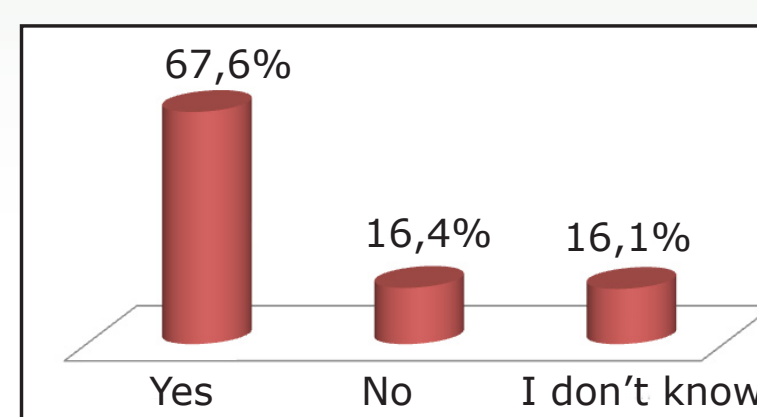
1. Do you often use painkillers?

- ☐ Yes 25,9 %
- ☐ No 59,2 %
- ☐ When I am ill 14,9%



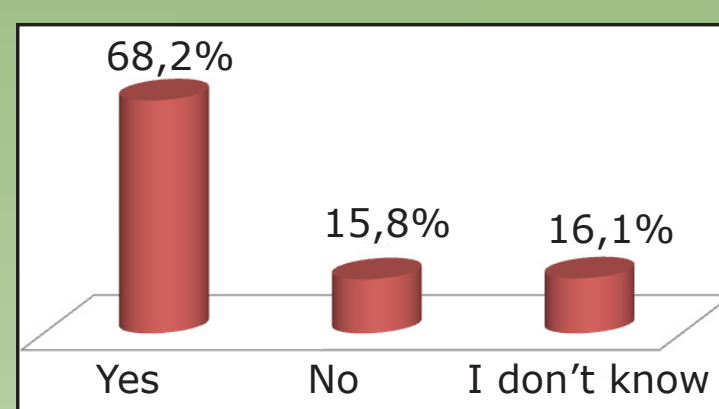
2. In your opinion, are painkillers harmful for your kidneys?

- ☐ Yes 67,6%
- ☐ No 16,4 %
- ☐ I don't know 16,1 %



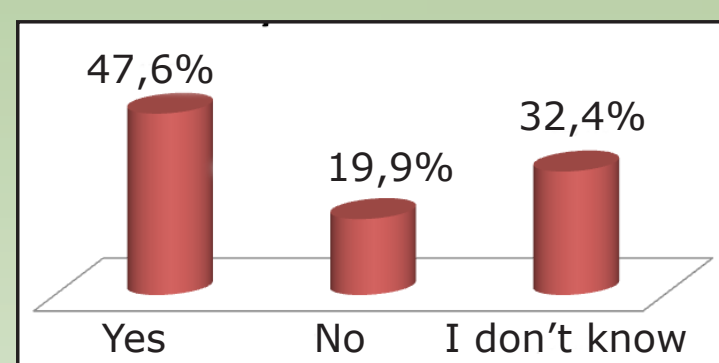
3. Do you think that the use of antibiotics would damage kidneys?

- ☐ Yes 68,2 %
- ☐ No 15,8%
- ☐ I don't know 16,1%



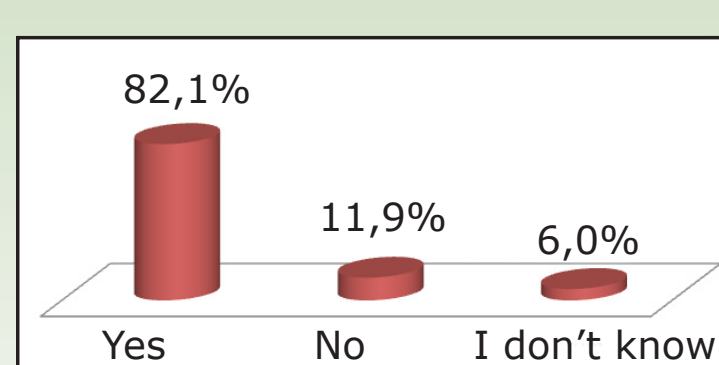
4. Do contrast agents used in imaging tests impair kidney functions?

- ☐ Yes 47,6 %
- ☐ No 19,9 %
- ☐ I don't know 32,4%



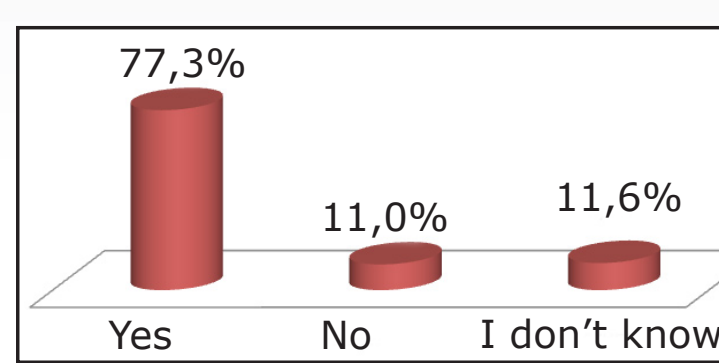
5. Is it important to drink enough water during the day to maintain kidney functions?

- ☐ Yes 82,1 %
- ☐ No 11,9 %
- ☐ I don't know 11,6 %



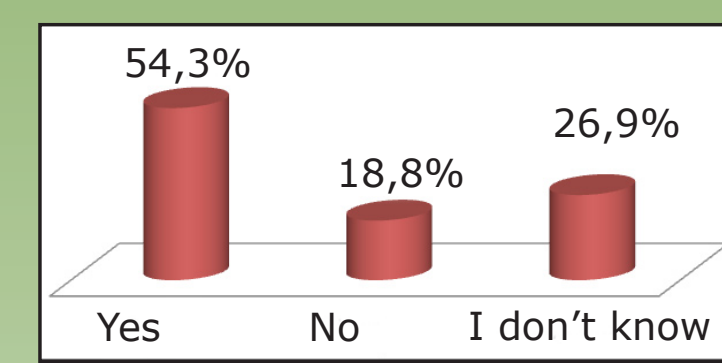
6. Does not drinking for days in disastrous situations cause Acute Kidney Deficiency ?

- ☐ Yes 77,3 %
- ☐ No 11,0 %
- ☐ I don't know 11,6 %



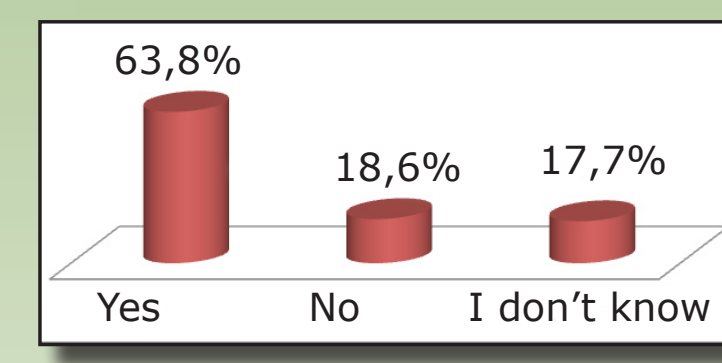
7. Do you know that a past infection may cause a sudden onset of Acute Kidney Deficiency?

- ☐ Yes 54,3 %
- ☐ No 18,8 %
- ☐ I don't know 26,9 %



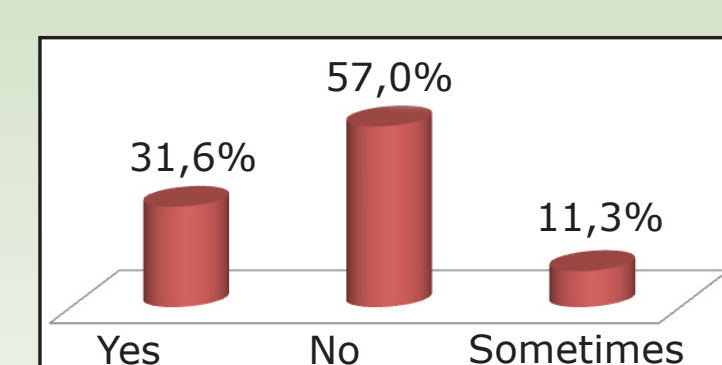
8. Do you know the reduction in the amount of urine may be a sign of kidney deficiency?

- ☐ Yes 63,8 %
- ☐ No 18,6 %
- ☐ I don't know 17,7 %



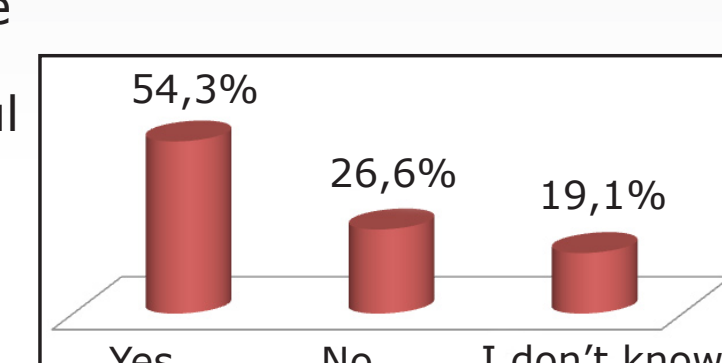
9. When you are ill, do you use herbal medicine without your doctor's approval?

- ☐ Yes 31,6 %
- ☐ No 57,0 %
- ☐ Sometimes 11,3%



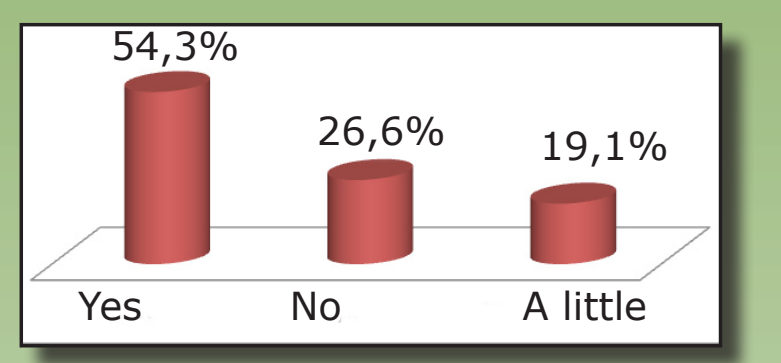
10. Do you know that the use of herbal medicine in large quantities is harmful for kidneys?

- ☐ Yes 54,3 %
- ☐ No 26,6 %
- ☐ I don't know 19,1 %



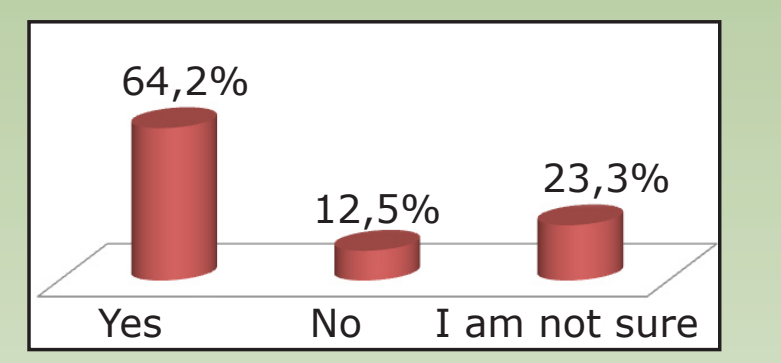
11. Do you know about the functions of kidneys?

- ☐ Yes 70,7 %
- ☐ No 10,4 %
- ☐ A little 18,8 %



12. Do you know what you must do for the maintenance of your kidneys' functions?

- ☐ Yes 64,2 %
- ☐ No 12,5 %
- ☐ I am not sure 23,3 %



RESULT

The number of men participant is higher in the survey we prepared this year. Higher number of graduates in four year colleges. Participants are conscious of the risk factors of Acute Renal Failure. What needs to be done to protect kidney function were found to have sufficient knowledge in general. This is also pleasing.